

How to play

The Socktober Challenge

- Children can wear their favourite team's jersey or socks and kick goals for children in need around the world.
- Each child has five shots at goal, penalty shootout-style, and is sponsored by friends and family for each attempt.
- One goal attempt will be played with the 'sockball' made by students giving a real-life understanding of soccer in developing countries.
- The goalkeeper is an integral part of the game and can join in the fun to 'save' goals. Invite your school principal, REC, parish priest, mayor or local soccer star to be your goalkeeper.
- The positioning of the child to the goals will be dependent upon age group. Three positions suggested: Infants (five metres), Primary (seven metres) and secondary students (ten metres).
- Timing - it takes approximately 20-30 minutes to play for a class of 25 children (see suggested set-up below).

What you need:

- Access to an oval or courts
- Equipment:
 - o 16 soccer balls
 - o Four hand-made 'sockballs' – made by children prior to the day (see How to Make a Sockball)
 - o Four soccer nets or goal markers (cones, sports sticks etc.)

Check out our tips online for nailing the perfect penalty goal!



Suggested setup

