

SOCKTOBER CHALLENGE

Week 5

Theme: Balance

Catholic Social Teaching: Dignity of the Human Person



- Step inside the Good Shepherd Sisters' Kindergarten and take a look around with our 360 VR video
- What do you notice that is different from kindergarten in Australia? What things are the same?



- Read the scripture [Psalm 139:13-14](#) and [1 Corinthians 12:12-26](#)
- What do they say have to say about balance and each person's gifts and talents?
- How do they relate to the idea of Dignity of the Human Person?



- Challenge your family to a 'balance off' with your sockball. Who can balance it on their foot, knee, head the longest?
- How are you tracking towards your fundraising goal? An extra \$15 can help purchase food and medicines for kindergarten children in Thailand.



Flashback: In 2018, a junior soccer team and their coach were rescued from a cave in Thailand. Find out how their story united a nation behind them in prayer and action. Head to the Socktober Challenge hub for more!



Socktober Challenge

Week 5 Mission Pack

Primary Resources

Theme: Balance

Bring something to your classroom prayer space that represents balance to you.

Catholic Social Teaching: Dignity of the Human Person

God made each person, so every life is important and should be protected.

Sustainable Development Goals:

- **Goal 1** focuses on ending poverty in all its forms, everywhere
- **Goal 5** focuses on achieving equality for women and men, and empowering women and girls
- **Goal 10** focuses on reducing inequality within and among countries

Scripture reflection:

Psalm 139:13-14

We need to constantly remember God's unconditional love for us each day. You are wonderfully made; do you know what that means? Wonderful means extremely good or delightful. God delights in you because God loves you and God created you wonderfully! You, each one of you, is created by God! You were not an accident, God designed you to be you, and God knows you and God loves you!

1 Corinthians 12:12-26

In the scripture from Corinthians we are reminded that we live as one with Christ and with one another even amidst the poverty, injustice, and messiness we experience. Each person works alongside the other members and promotes the common good. I fully experience joy when I experience it with others and share the Good News and the love of Jesus. I'm using my gifts as a member of the Body of Christ. We are all called to take part of this community.

Activities:

- In your Prayer Journal draw a picture of yourself, because you are wonderfully made!
- What are the gifts and talents of those in your family? Write them a note to thank them for sharing these gifts and talents with your family or others. Suggest this to your teacher also as a class activity.
- Listen to the song 'Amazed by You' by Steve Angrisano: <https://www.youtube.com/watch?v=ROaMqO3VtGU> While you're listening to the song, allow yourself to draw freely. Add colour to your picture. What title would you give this picture?
- What do the words **equality** and **empowering** mean? Find some images or create your own that reflect these words.
- View the website <https://sportforhumanity.com/story-inspiration/>. What are the six guiding principles named on this website – Sport at the Service of Humanity? Record these in your Prayer Journal.
- Challenge your family to a 'balance off' with your sockball. Who can balance it on their foot, knee, and head the longest?