

SOCKTOBER CHALLENGE

Week 5

Theme: Balance

Catholic Social Teaching: Dignity of the Human Person



- Step inside the Good Shepherd Sisters' Kindergarten and take a look around with our 360 VR video
- What do you notice that is different from kindergarten in Australia? What things are the same?



- Read the scripture [Psalm 139:13-14](#) and [1 Corinthians 12:12-26](#)
- What do they say have to say about balance and each person's gifts and talents?
- How do they relate to the idea of Dignity of the Human Person?



- Challenge your family to a 'balance off' with your sockball. Who can balance it on their foot, knee, head the longest?
- How are you tracking towards your fundraising goal? An extra \$15 can help purchase food and medicines for kindergarten children in Thailand.



Flashback: In 2018, a junior soccer team and their coach were rescued from a cave in Thailand. Find out how their story united a nation behind them in prayer and action. Head to the Socktober Challenge hub for more!



Socktober Challenge

Week 5 Mission Pack

Secondary resources

Theme: Balance

Bring something to your class that you can discuss that represents balance to you

Catholic Social Teaching: Dignity of the Human Person

God made each person, so every life is important and should be protected.

Sustainable Development Goals:

- **Goal 1** focuses on ending poverty in all its forms, everywhere
- **Goal 5** focuses on achieving equality for women and men, and empowering women and girls
- **Goal 10** focuses on reducing inequality within and among countries

Scripture reflection:

Psalm 139:13-14

We need to constantly remember God's unconditional love for us each day. God just loves us for who we are – we don't have to do anything to earn God's love – that will always be there. God invites us into relationship with God to follow the model of Jesus and be guided by the Holy Spirit. To also recognise that each person we encounter is worthy of our love, mercy, forgiveness, and compassion.

1 Corinthians 12:12-26

In the scripture from Corinthians we are reminded that we live as one with Christ and with one another even amidst the poverty, injustice, and messiness we experience. Each person works alongside the other members and promotes the common good. I fully experience joy when I experience it with others and share the Good News and the love of Jesus. I'm using my gifts as a member of the Body of Christ. We are all called to take part of this community.

Activities:

- What are the gifts and talents of those in your family? Use your favourite form of media to represent your family in this way.
- What do the words **equality** and **empowering** mean? Write a paragraph about how both of these words relate to the story, theme and Catholic Social Teaching for this module.
- View the website <https://sportforhumanity.com/story-inspiration/> What are the six guiding principles named on this website – Sport at the Service of Humanity? Write about each one and include a story from your own experience where you have shown or expressed each particular theme.
- Challenge your family to a 'balance off' with your sockball. Who can balance it on their foot, knee, and head the longest?